

ARTS & MUSIC PROGRAMME VIETNAM & MONGOLIA

ANNUAL REPORT 2019





Every day when I come into the centre I pause and look to my left. High on the wall is a painting done by one of my Sunshine Children. The painting keeps fresh in my mind the reason I am here. The little boy who painted it said it represented what he wanted most in the world; sunshine and flowers for happiness, a red heart for love and a school house which represented an education. For me, this picture proves that children, no matter where they come from, need essentially the same things.

- Christina Noble OBE -



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OUR VISION, MISSION, VALUES

Vision: A united world where children are free from suffering, poverty, exploitation, fear, and oppression. Where children are aware of their fundamental human rights.

Mission: The Christina Noble Children's Foundation is dedicated to serving the physical, medical, educational, and emotional needs of vulnerable children. We believe that every child deserves love, respect, and freedom from all forms of exploitation. We establish long-term relationships with the children we support and empower them to live happy, emotionally rich, and independent lives.

Values: Our values represent our beliefs and guide how we behave. They are love, compassion, respect, honesty, and integrity.

PROGRAMME OVERVIEW

VIETNAM

ESTABLISHED

1997

LOCATION

Ho Chi Minh City (HCMC), Vietnam

OBJECTIVES

To provide a safe and supportive environment enabling disadvantaged children to build their self-esteem, self-confidence and social skills, explore their imagination and creativity and develop into happy, fulfilled and expressive young adults through the transformative power of the arts and music

BENEFICIARIES

Children from the Sunshine School, Sunshine Social & Medical Centre, Sunshine Boys' and Girls' Homes, Child Sponsorship Programme and other disadvantaged and/or street children in HCMC

LOCAL PARTNERS

Ministry of Labour, Invalids and Social Affairs (through the Sunshine Social & Medical Centre) and Department of Labour, Invalids and Social Affairs (through the Sunshine Homes)

CNCF ACCOUNTABILITY

CNCF is fully responsible for funding, programme management, monitoring and evaluation

MONITORING AND EVALUATION

The CNCF programme manager conducts regular monitoring visits during programme activities. Internal staff meeting are held weekly to discuss programme related issues and updates. Monthly reports and semi-annual reports are provided to the Board of Management and an annual report of the programme is made available to all stakeholders. The progress of each child is displayed at various events such as talent shows and performances throughout the year

ACTUAL COST 2019

USD \$24,211

REPORTING PERIOD

January - December 2019

2020 OBJECTIVES

- To maintain current arts and music curriculum and reassess the programme to increase the quality of the extracurricular classes
- To continue organising workshops with professional artists and musicians and aim to provide more excursions that inspire the students' creativity

PROGRAMME OVERVIEW

MONGOLIA

ESTABLISHED

2008

LOCATION

Blue Skies Ger Village, Songino Khairkhan District, Ulaanbaatar The 411th Brigade Boys' Prison CNCF Office, Gerel Center, Ulaanbaatar 15160, Mongolia

OBJECTIVES

To provide a safe and supportive environment enabling disadvantaged children to build their self-esteem, self-confidence and social skills, explore their imagination and creativity and develop into happy, fulfilled and expressive young adults through the transformative power of the arts and music

BENEFICIARIES

Children from the Blue Skies Ger Village, Child Sponsorship Programme and Boys' Prison

LOCAL PARTNERS

Aimar Dance Studio and Aimar Foundation (Dance), ArtiCour Gallery (Art)

CNCF ACCOUNTABILITY

CNCF is completly responsible for funding, programme management, monitoring and evaluation

MONITORING AND EVALUATION

The CNCF programme manager conducts regular monitoring visits during programme activities. Internal staff meetings are held weekly to discuss programme related issues and updates. Monthly reports and semi-annual reports are provided to the Board of Management and an annual report of the programme is made available to all stakeholders. The progress of each child is highlighted at various events such as talent shows and performances at least once per quarter

ACTUAL COST 2019

USD \$29,240

REPORTING PERIOD

January - December 2019

2020 OBJECTIVES

- To maintain our current curriculum and continue providing the creative activities that support the children's happy and healthy development
- To enrich our young people's creative experience with new avenues for self-expression and learning such as trips to art galleries, performing in concerts and putting on exhibitions
- To provide greater consistency as well as increase the number of children who can benefit with the hiring of a full-time dance teacher

EXECUTIVE SUMMARY

In 2019, the Sunshine Arts & Music and the Blue Skies Arts & Music Programmes continued to provide children from disadvantaged backgrounds access to creative activities including visual arts, music, and dance, enabling them to develop self-esteem, self-confidence, social skills and foster positive ways to express their feelings and emotions.

These programmes are vital to the overall wellbeing of each child. Combined with educational support and housing, the Arts & Music Programmes solidify the holistic support of the Foundation.

VIETNAM

Since inception



have engaged in the Sunshine Arts & Music Programme Vietnam

In 2019



participated in the Sunshine Arts & Music Programme including arts, dance, aerobics and music classes

155 CHILDREN were from the Sunshine School

16 CHILDREN were from the Sunshine Girls' Home

O5 CHILDREN were from the Sunshine Boys' Home

CHILDREN
were from the Sunshine Social
Medical Centre



EXECUTIVE SUMMARY

In 2020, the Arts & Music Programmes will continue to provide creative activities that support our children's healthy emotional and physical development. In addition to maintaining our current curriculum, we aim to enrich every child's creativity by seeking new avenues for self-expression and learning experiences including excursions and trips to art galleries, performing in concerts and putting on exhibitions demonstrating their talents and skills. We also plan to hire a full-time dance teacher to provide greater consistency and open the programme to more children in Mongolia.

MONGOLIA

Since inception

OVER



1,700 CHILDREN

have engaged in the Sunshine Arts & Music

Programme Vietnam

In 2019



participated in the Blue Skies Arts & Music
Programme including visual arts, crafts, dance
and music classes

55 CHILDREN were from the Blue Skies Ger Village

232 CHILDREN were from the Child Sponsorship Programme

78 CHILDREN were from the Boys' Prison Education Programme



PROGRAMME DESCRIPTION

CNCF strongly believes in the transformative power of the arts on the development of a child's emotional and physical wellbeing. We believe that an education without including the arts is not a complete education. Art and music play a crucial role in the social, intellectual, cognitive and emotional development of all children.

Through creative activities, children are enabled to develop self-confidence and self-awareness. The arts also remain significant in supporting the development of emotional regulation and expression which is a critical skill for all children and is particularly vital for the children that we serve, who grow up in poverty and experience daily emotional stress and trauma.

We believe encouraging our children to explore their imaginations and express themselves creatively in a safe and supportive environment is fundamental to their healing and holistic development.





PROGRAMME DESCRIPTION

VIETNAM

Established in 1997, the Sunshine Arts & Music Programme in Vietnam offers classes suitable for our children's creative needs including basic and general art and music classes and advanced classes to refine their skills. Classes offered included General Art & Music, After-School Art, Dance, Aerobics Dance, Keyboard, Choir, Guitar and Piano.

The programme aims to nurture the children's innate creativity by introducing them to various avenues of artistic expression, and in doing so, facilitate the manifestation of their imaginative landscapes, helping them effectively communicate their thoughts, feelings, and emotions and enhancing critical thinking and creativity.

By offering a range of activities where the children are encouraged to work independently and others that emphasise group coordination and ideas sharing, the programme fosters individuality and self-reflection, but also encourages teamwork and togetherness.

Since inception, the Arts & Music Programme in Vietnam has assisted **6,265 children** and nurtured their imagination and creativity in a structured and supportive environment.

PROGRAMME DESCRIPTION

VIETNAM

Art

The Sunshine Art classes are designed to be a fun exploration of thoughts and feelings expressed through art with the introduction to art styles and techniques. Our children express their creativity and produce vibrant and captivating pieces of work through visual arts such as crafts, drawing and painting.

General Art

The General Art classes are the most influential class of all the classes in the programme based on the number of students enrolled. The class focuses mainly on basic drawing and coloring techniques and is an introduction to the After-School Art class which dives deeper into art techniques and style. In this class, students learn the basic concepts of colour, patterns and size, borders and boundaries and they are enabled to develop motor skills using pencils and scissors.

Each student is provided with their own art book and throughout the year, that book gets filled

with colourful creations from their creative minds. All children are empowered to participate in CNCF Art Exhibition where their drawings are selected to be displayed.

The General Art class has supported the children in various ways to foster positivity and self-motivation. For many of our children who come from dysfunctional and abusive backgrounds or who do not receive enough support from their families, the daily life challenges have a vastly greater impact on the quality of their childhood and their psychological well-being. This class is a safe environment allowing the students to build self-esteem, reflection and self-regulation, to develop healthy emotional outlets and to build healthy habits to tackle life's challenges.

Children are enabled to direct positive attention to the task at hand and channel their feelings and thoughts, for just a precious moment in the day. In addition, it has become a therapeutic outlet for some of the most isolated students to open up to their teachers about their experiences and begin to heal.

After-School Art

The After-School Art class builds upon the therapeutic aspects of art and dives deeply into the development of the child. Student in the class are able to advance their skills and techniques on mixing colours, painting, drawing and crafting.

Our art teachers carefully guide each student in the process of artwork creation. Through these activities the children develop creativity, fine motor skills and problem-solving skills to tackle different art projects which remain the essential skill set for future careers as well as healing the child's emotional challenges and nurturing healthy habits.

Workshops and excursions led by guest artists are organised throughout the year for students to broaden their knowledge and find inspiration. The children's artworks have been given as gifts to VIP guests and sold at varied events and exhibitions with proceeds directly going to the artist.

Girls' Home Art

The weekly Girls' Home Art class focuses mainly on drawing and painting techniques and is open to the girls living at the Sunshine Girls' Home. The aim of these lessons are to develop the inner artist of every child while providing an opportunity to promote positive expression of emotions in the setting of their own home. Each year, the children's artworks are showcased at CNCF Art Exhibition.





PROGRAMME DESCRIPTION

VIETNAM

Dance

CNCF believes in the power of dance and its benefits in a child's comprehensive development. Dance brings the children the opportunity to explore and communicate emotions, increase self-confidence and enhance social skills. It is also a physical activity, fun and effective for our children to improve their overall health and fitness.

Girls' Home Dance

The 90-minute Girls' Home Dance class takes place at CNCF's Sunshine Girls' Home weekly. This is the opportunity for the girls to practice dance routines and develop teamwork, listening, physical and spatial skills. The lessons mostly focus on choreographed contemporary dance with occasional traditional routines.

Sunshine Dance

The Sunshine Dance class is opened for both boys and girls, where they learn to control body movements and work in groups. The regular lessons support a child's sense of rhythm, coordination, motor control, balance and spatial perception.

Throughout the year, the students of the dance class have opportunities to prepare for performances at varied CNCF's events. This year, the children performed at the Opening School Ceremony, International Children's Day, CNCF's Landmark 30th Anniversary and the annual Christmas tour.

Sunshine Social & Medical Centre Aerobics (SSMC Aerobics)

The SSMC Aerobics class is designed for children at CNCF's Son Ca Kindergarten, focusing on early childhood movement and development. Each session is limited to 10 children to ensure maximum benefits. The children are enabled to form and develop motor skills with fun jumping, stretching, dancing and learning activities.

PROGRAMME DESCRIPTION

VIETNAM

Music

One of CNCF's beliefs is that a well-rounded education is not solely academic development but also the inner inspiration of every child. For our Founder, Christina Noble, music was her strength at some of the hardest moments in life. For many of our Sunshine children, music relieves anxiety and creates positive childhood memories that they carry throughout their lives.

Our extracurricular music classes cover both basic music philosophy and the learning of guitar, piano, keyboard and vocals.

General Music

In the General Music class, children learn basic components of rhythm and note reading through guided lessons which are designed to speak to various emotions. Through songs and games, they are able to express those emotions and improve their listening skills.

Choir

Choir provides the children a chance to express themselves through song. The sweet sound of our children's voices coming together in harmony is now a regular feature at both CNCF events such as International Children's Day, Graduation Day, Christmas and Teacher's Day Celebrations. Children learn a variety of popular and traditional songs in both English and Vietnamese.

The class also creates the opportunity for students to develop teamwork skills as they perform together and support each other throughout the performance. The annual Christmas Choir is an opportunity for our students to practise and showcase their talents to the local community.

Guitar, Piano and Keyboard

The Guitar, Piano and Keyboard classes are an encouraging environment for students to practise together and improve their reading skills and social skills. Private guitar, piano and keyboard lessons are offered to older students who show interest. Our aim is to work with students to develop techniques and an understanding of musical score reading. We schedule recitals to build the children's performance skills and showcase their talents.





PROGRAMME DESCRIPTION

MONGOLIA

In 2007, to mark CNCF's tenth anniversary in Mongolia, a celebration was held at the Blue Skies Ger Village in Ulaanbaatar. The highlight of the celebration was an impressive concert staged by the children from the Ger Village and the Child Sponsorship Programme. CNCF CEO Helenita Noble, then proposed initiation of a full-time music and dance programme to nurture the children's talents, which later expanded to become the Blue Skies Arts & Music Programme.

For many of our young people who have come from exceptionally disadvantaged and traumatic backgrounds or experienced daily emotional stress, the arts can facilitate healing and give them a tool to regulate and communicate their emotions in a healthy and positive way.

The programme offers classes suitable for children who are new to arts and music and want to learn the basics, as well as those who have a talent they wish to nurture. From making felt crafts to lessons in street dance, our programme provides a diverse range of creative activities to accommodate our children's unique characters and interests, benefiting the children's social skills and enabling them to build self-confidence and self-awareness.

Since its inception in 2008, the Blue Skies Arts & Music Programme has assisted over 1,700 children and has played a central role in achieving our mission of giving some of the country's most neglected and deprived children back their childhood.



PROGRAMME DESCRIPTION

MONGOLIA

Art

The Blue Skies art lessons provide a learning environment of creativity and imagination for all children. During the classes, students explore different mediums including clay, pastels, paints, and pencils while expressing their unique art ideas. We also encourage the children to reflect and grow through the arts by exposing them to art in galleries, books and other visual art forms.

We believe that by creating the opportunities for our children to connect to new ideas, experiences and people, they can discover new interests and capabilities and see beyond their limiting and challenging circumstances.

Blue Skies Ger Village Art

The art lessons take place every Sunday in the Ger Village classroom. The three-hour sessions are taught by professional artist, Uugankhuu and are open to all of our young people. The students are divided into two groups by skill level.

The beginner's class is occupied with approximately fifteen enthusiastic students providing basic knowledge of drawing techniques and encouraging the children to participate in fun activities such as making posters about the Ger Village and painting coloured stones.

The advanced class enables the students to gain greater insight into a variety of artistic techniques such as painting with oils, sculpture and working with clay. Throughout the year, a core group of ten students is established who have shown a keen interest in arts and great commitment to the subject. They have produced an array of captivating art pieces. Their growth and development as artists is evident.





PROGRAMME DESCRIPTION

MONGOLIA

Art

Blue Skies Ger Village Art Therapy

Healing the emotional trauma that many children who come to the Blue Skies Ger Village have suffered is crucial to CNCF's work. It is often through art therapy that our full-time psychotherapist has been able to connect with these children and support them in regaining trust, positive thought patterns and behaviours.

The psychotherapist meets with every child in the village at least once a month and arranges art therapy sessions for children in need up to five times a week. Through talking to our children about their drawings, paintings, and crafts and considering the underlying inspiration for their art, our psychotherapist gains a deeper understanding of our young people and works with them closely to resolve any emotional challenges.

All children also participate in group sessions where they are encouraged to share their thoughts and feelings and discuss how to become supportive of themselves, each other and their community. Through the creative process, our children have been able to explore their feelings, resolve emotional conflicts, regulate their behaviours, develop social skills, reduce anxiety and foster self-awareness and self-esteem.

PROGRAMME DESCRIPTION

MONGOLIA

Art

Boys' Prison Art

Each week, professional artist Altansukh Purevdorj teaches two three-hour art lessons at the Boys' Prison. The classes aim to build the boys' confidence and ability to express themselves through the teaching of basic drawing techniques and concepts.

For the boys, many of whom have come to the prison from extremely disadvantaged backgrounds, art is an entirely new experience enabling them to make significant changes in attitudes and behaviours. As the students begin to open up creatively and express their thoughts and feelings through art, they develop a greater sense of patience, calmness, self-belief and pride.

Child Sponsorship Programme Art

In addition to financial assistance, we support every family emotionally and offer personal development opportunities such as workshops, seminars and extracurricular activities for the children in our Child Sponsorship Programme.

The Art class takes place in the CNCF office every Sunday providing children who have no access to art materials with the opportunity to further their skills and express themselves creatively. A beginners' class is organised in the morning while a class for advanced students is scheduled in the afternoon. These sessions are taught by a talented artist who once was living at the Blue Skies Ger Village and is now on our Child Sponsorship Programme studying at university.





PROGRAMME DESCRIPTION

MONGOLIA

Crafts

The weekly craft classes have been part of our Blue Skies Arts & Music Programme since 2016, taking place in our central office. Each session lasts around 2-3 hours with an average attendance of 17 children. During the lessons, our children learn a wide range of craft techniques such as sewing, stuffing, beading and following patterns.

Some of the children's beautiful and well-designed crafts include decorative gers (traditional Mongolian felt tents), cushions, camels, frames and felt bags. One of the children's favourite activities this year was making Christmas decorations, which they proudly took back to their families to decorate their homes. In addition to the craft classes, this year, a group of our most skilled students established a small enterprise of making holiday cards.

The CNCF's craft classes enable our children to become more patient, focused and better at listening and following instructions as well as creating lasting childhood memories.

PROGRAMME DESCRIPTION

MONGOLIA

Music

CNCF recognises the importance of music in healing the soul and inspiring the mind of a child. The music classes have become a safe haven for our children to explore and develop their talents with commitment and enthusiasm.

It is always clear to see their progression at our celebratory events when the children perform what they have learnt with pride and confidence.

Blue Skies Ger Village Music

The Blue Skies Ger Village's music teacher supports the children in learning a variety of instruments including the guitar, ukulele and piano. This year 11 children attended piano lessons, 5 children attended guitar lessons,

and **7** children attended ukulele lessons regularly. The music teacher also leads choir practice once a week with a group of **18** students.

In addition to learning contemporary music, the children attend lessons about Mongolian instruments such as the Yatag which is the Mongolian half-tube zither and the Shanz, a plucked three string instrument that is commonly played across Asia. Through the traditional music classes, students are encouraged to gain greater insights on their cultural heritage.

Saturday is known as our music day at the village and is a time for the children to gather and take part in musically inspired games and watch inspirational movies. The children enjoy this fun time as a break from their daily schedules.



PROGRAMME DESCRIPTION

MONGOLIA

Music

Boys' Prison Music

In March 2018, we extended our music programme to the students in the boys' prison who can now attend ukulele, guitar and singing lessons two afternoons a week. The experience from the music class enables the children and young adults to relieve negative emotions and create positive memories in a caring and safe environment as they go through some of the hardest times in their lives.



PROGRAMME DESCRIPTION

MONGOLIA

Dance

Dance is an essential activity for our children to build self-confidence, develop social skills and improve physical health and wellbeing. The children at the Ger Village attend weekly dance classes at Aim4r Dance studio located in the centre of Ulaanbaatar. The lessons comprise a beginners' class for students who are interested in dance and would like to take part in the activity and an advanced dance class for students who wish to further their skills.

This year, 10 children from the traditional dance class travelled to Vietnam to perform at CNCF's 30th Anniversary Gala Celebration. The exhilarating experiences inspired the students to boost determination and ability to focus as well as gaining confidence, discipline and being able to interact with international quests and visitors.



GLOBAL STATISTICS

Due to the level of poverty, homelessness and lack of access to a quality education, health care, support and services, many children are vulnerable, and lack the resources to develop emotional stability and self awareness. . It is therefore crucial that these children receive opportunities to strengthen emotional intelligence, build resilience through difficult circumstances and are provided with a supportive and nurturing environment to do so.



Up to

20%

of adolescents globally experience mental disorders ¹¹



There are

13,448,973

adolescents, accounting for **14.4%** of the general population in Vietnam [2]



There are

447,227

adolescents, accounting for **14.7%** of the general population in Mongolia [5]



[3] United Nations Population Division 20



OUR YEAR

CNCF believes every child should have access to a well-rounded quality education. In addition to developing academic skills, the Arts & Music Programme aims to support the development of creativity, self awareness and self expression in children.

VIETNAM

186 CHILDREN enrolled in the Sunshine Arts & Music Programme

155 CHILDREN from the Sunshine School

CHILDREN from the Sunshine Girls' Home

O5 CHILDREN from the Sunshine Boys' Home

10 CHILDREN from the Sunshine Social & Medical Centre



OUR YEAR

VIETNAM



155 CHILDREN attended General Art classes



25 CHILDREN attended After-School Art classes



16 CHILDREN attended the Girls' Home Art class



155 CHILDREN attended General Music classes







CHILDREN

attended Keyboard classes



16 CHILDREN attended Dance classes







STUDENTS
participated in the CNCF Art Exhibition



DRAWINGS & PAINTINGS

by students from the General Art class, Advanced Art class and the Sunshine Homes were displayed at the CNCF Art Exhibition





OUR YEAR

CNCF recognises the importance of creativity in the development of healthy emotional expression. Many of our children have experienced significant trauma and find Arts & Music therapeutic and vitalt for their emotional development. Music is also a large part of Mongolian culture and is imperative that we include it as an integral part of our programme delivery.

MONGOLIA

365 CHILDREN participated in the Blue Skies Arts & Music Programme

55 CHILDREN from the Blue Skies Ger Village

232 CHILDREN from the Child Sponsorship Programme

78 CHILDREN from the Boys' Prison Education Programme

OUR YEAR

MONGOLIA

Blue Skies Ger Village Participants



44 CHILDREN attended Art classes



27 CHILDREN attended Crafts classes



55 CHILDREN attended Art Therapy



23 CHILDREN attended Dance classes



23 CHILDREN attended Contemporary Music classes



20 CHILDREN attended Traditional Music classes

Child Sponsorship Programme Participants



44 CHILDREN attended Art classes



27 CHILDREN attended Crafts classes

Boys' Prison Participants



23 CHILDREN attended Art classe



23 CHILDREN attended Music classes



TRAININGS & WORKSHOPS
were organised for the Blue Skies
Arts & Music Programme staff

OUR STORIES

Testimonial from A Parent

"My daughter always struggled to talk about her feelings but since being in the CNCF Arts & Music programme, I have noticed a positive change in her. When my daughter is in the care of CNCF I worry less about her, because I know she is supported and cared for by the staff and that gives me comfort. My daughter told me that she really enjoys her art classes and how much art has helped her express her emotions. I am so grateful to CNCF for their dedication and for supporting my daughter to express herself through art. She is so much happier now. CNCF provides opportunities and experiences I am unable to provide my daughter and for that I am very grateful"

*Identities changed to protect privacy





OUR STORIES

A Child Blossomed Through Music

"*Ngan's mother gave birth to her at a very young age. Her father and grandmother were sentenced to prison for drug trafficking across the country's border. Ngan's family is in constant debt and struggling to pay it off. Ngan has found the Foundation as a safe place for her to be away from the negative behaviours that her family is engaged in. She would often stay at CNCF all day long to attend extracurricular classes.

At CNCF, Ngan receives the attention, guidance, food, safety and care that are lacking in her home. Ngan is an avid participant of the Arts, Music and Sport programmes attending Judo, Keyboard, Choir and Dance class. Out of all the classes, she has excelled the most in Choir. She is usually one of the first students to be selected to perform at special events and activities.

In 2019, Ngan was selected to perform at CNCF's 30th Anniversary Gala Celebration and participated in her third year with the Christmas Choir. Ngan's artworks that she created in Arts classes were also exhibited in the CNCF Art Exhibition. With a passion for music, Ngan has recently joined Keyboard classes.

CNCF could not be prouder to see Ngan continue to thrive and develop creatively. We get so much joy out of watching Ngan share her talents with her CNCF family and greater community.

*Names and identities changed to protect privacy

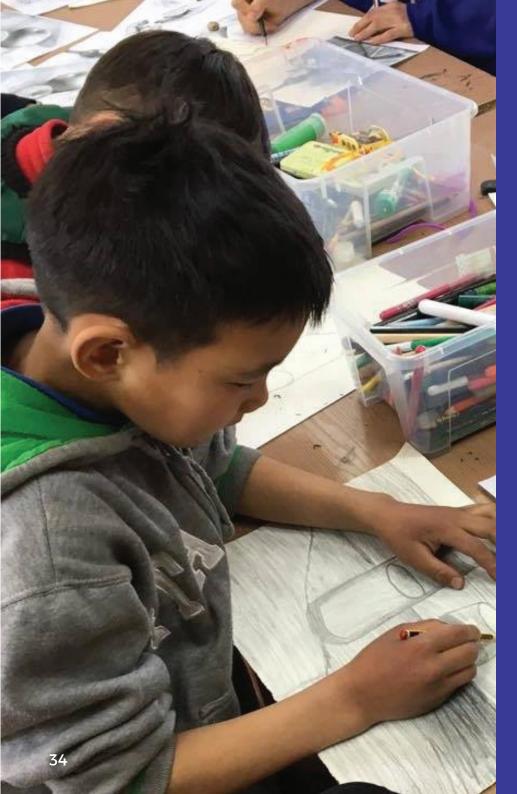
OUR STORIES

Testimonial from a Child in the Sunshine Arts & Music Programme

"I like choir practice because it's fun and I get to be with my friends and sing together. We also get to perform at many places that I otherwise would never see. In choir practice, with the support of my teacher I have become more confident when performing."

*Identities changed to protect privacy





OUR STORIES

A Life Transformed Through Art

"*Davaa was in the Child Sponsorship Programme before coming to live at the Blue Skies Ger Village in 2019. Despite the love Davaa's parents had for him, they were severe alcoholics and as a result of this, his mother had lost 90% of her vision. Davaa would run away to protect himself from his parents' alcoholic friends. He was at high risk of dropping out of school. Due to his difficult upbringing. Davaa was suffering from post traumatic stress, he struggled to express his emotions and rarely spoke.

Our Ger Village staff worked with Davaa through Art Therapy and one on one psychological support to assist him in developing ways to communicate his emotions and learn affective strategies to heal his traumas. After a few sessions, Davaa had made great progress and showed a dedication an commitment to his healing in the sessions.

He was also encouraged to attend dance, art and English classes and he was selected to participate in a Jiu-Ju-Tsu training in town with other children from the community. The extracurricular classes and activities enable Davaa to develop his personality, confidence as well as independence and self-esteem. Davaa recently won the second prize in a dancing competition and graduated from his Hip Hop dance course.

Davaa has become an active member of the Ger Village community with significant progress in the development of his psychological wellbeing and social skills. Davaa continues to make us proud with his talents, his self-confidence and continued growth into a happy and inspiring young man."

*Names and identities changed to protect privacy



OUR STORIES

Testimonial from A Father

"Extracurricular activities such as arts and crafts classes are impossible for me to afford when I am taking care of my ill wife and three young children. I know that these classes are important for my children's development. I always regret that I am not giving my children a well-rounded childhood and though I try so hard, it is still impossible due to our financial hardships.

My daughter joined CNCF's Child Sponsorship Programme in 2016 which completely changed our lives. I began to feel so happy that she was getting the support and opportunities she deserves that I was unable to provide. She has also been attending the Arts & Music classes since 2018 and she always tells me how much art has contributed to her being able to express her emotions and that she finds moments of joy every time she paints. Since she has been supported by CNCF, she has become more confident and hopeful for her future.

These experiences that CNCF provides enables my daughter to make new friends, improve her academic skills and explore her passion for the arts. We are so proud of our daughter and all she has achieved, and we are so grateful to CNCF for providing these opportunities for our child. Thank you CNCF for all of your support and for being in our lives."

*Identities changed to protect privacy

OUR STORIES

Testimonial of a Child in the Blue Skies Arts & Music Programme

"I am so connected to the arts as it makes me who I am inside. I feel happy and blessed every time I hold my brush and paint. In the last 6 years, I have spent over an hour almost every day to practice and improve my painting skills. My first teacher at the Ger Village taught me that I cannot rush the work, and to work on making consistant progress in developing my skills. I know that this is what will help me become a professional artist. I follow my teacher's philosophy and strongly believe that consistency and hard work make us who we are and will help me succeed in life.

I came to the Ger Village as a vulnerable young child with many complexities. One of my fears was to make friends and to talk with other children. But while being here, I have changed, I am now an active member of CNCF's Noble Club. I am a design student at a prestigious university and have two part-time jobs at leading craft companies in Mongolia. My artwork was printed on a highly demanded crafts bag in Mongolia and I am working to improve my designing skills on leather clothes and bags.

It is all thanks to CNCF and Mama Tina who believed in me and who have never left me even in the hardest times of my life. Thank you to my teachers, Ger mothers and all CNCF staff members who worked very hard to support me to make positive changes in my life."

*Identities changed to protect privacy





FINANCIAL OVERVIEW

The operational cost of the Sunshine Arts & Music Programme in 2019 was:

USD \$24,211

The operational cost of the Blue Skies Arts & Music Programme in 2019 was:

USD \$29,240

Heartfelt thanks to our kind donors who enable CNCF to keep this project operating and also to those who generously support with gift and time in-kind which enables us to keep our costs down.

Audit in progress at time of reporting.
Our audits can be found at:
www.cncf.org/finance-policies/



SUNSHINE ARTS & MUSIC PROGRAMME EXPENDITURES IN 2019

•	Description	Expenditure 2019	
•	Art, Dance & Music class supplies	878	• •
•	Student celebrations & events (decorations, transportation & catering)	2,366	• •
•	Food for students	260	• •
•	Additional class expenses	1,120	• •
•	CNCF staff salaries (6 staff)	19,587	• •
•	TOTAL COST	24,211	•

BLUE SKIES ARTS & MUSIC PROGRAMME EXPENDITURES IN 2019

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	Description	Expenditure 2019
Art class supplies		2,569
Dance class		1,072
Class supplies and equipment		4,134
Transportation		179
Staff Salaries (7 staff)		16,680
Social Insurance		1,964
Firewood & Coal		656
Electricity		618
Events & Networking		1,368
TOTAL COST		29,240



ACKNOWLEDGEMENTS



Heartfelt thanks and deep gratitude for the very generous support of The Sovereign Art Foundation Hong Kong, who since 2011, have been our annual primary sponsors of the Sunshine Arts & Music Programme and the Blue Skies Arts & Music Programme.

No words can convey how much of an incredible impact the on-going generous support has meant, and which has been instrumental in CNCF fulfilling our founder Christina Noble's mission of giving children in our care an emotionally rich and happy childhood.

CNCF's mission is to ensure that our children are empowered to thrive. The prolific support and belief in our work that we have received from **The Sovereign Art Foundation** has allowed us to deliver the commitment and promise we make to our children. That every child deserves support, safety and emotionally rich and happy childhood.



For more information on this report and our CNCF projects in Vietnam and Mongolia please contact:

- 38 Tu Xuong Street, Dist.3, Ho Chi Minh City, Vietnam
- +84 283 932 6484
- international@cncf.org
- www.cncf.org
- (f) @ChristinaNobleChildrensFoundationInt
- @CNCF_int
- Christina Noble Children's Foundation

Written by: Bianca Joyce, Huong Hoang & Andrew Knott

Graphic Design by: Chi Nguyen

Imagery: Piers Birtwistle Info Graphic: flaticon.com